



CORK INTERNATIONAL HOTEL



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## The Atlantic

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It's a brand-new Day.

Make your most important meal of the day a nutritious breakfast at the Cork International Hotel.

Prepared with the very finest ingredients, our continental and traditional Breakfasts offer all you need to take the day ahead.

The Breakfast buffet offers a wide selection of hot and cold dishes to choose and our chef's will prepare eggs cooked to your liking, and we will gladly serve you at your table.

Please help yourself to fruit juice, fresh fruit, cereals, pastries, and toast.

Tea or Coffee will be brought to your table.

**Full Irish Breakfast** €20.00

**Continental** €15.00

### Hot Beverages

Choose from freshly brewed Coffee, Tea & Herbal Tea.

### Cold Buffet

An extensive range of Kellogg's and other popular cereals including muesli can be found on the cold buffet, as well as a wide selection of Juices, Dried and Fresh Fruit, Yoghurts, Cold Meats, and Cheeses.

### Breads and Pastries

An array of fresh breads, Croissants and Danish pastries are readily available.

### Gluten Free Options

Gluten free bread, Cornflakes, Irish Bacon, Beans and Mushrooms

### The Atlantic Breakfast

Choose from: Irish Rashers, Black & White Pudding, Sausages, Mushrooms, Baked Beans, Hash Browns, Tomato, and Scrambled Eggs.  
Fresh Porridge  
Waffles or Pancakes

### Eggs to your liking

Please order from our team and we will serve to your table  
Boiled, Fried or Poached  
Omelette with selection of fillings