



CORK INTERNATIONAL HOTEL

The Atlantic

Breakfast

It's a brand-new Day

Make your most important meal of the day a Nutritious breakfast at the Cork International Hotel.

Prepared with the very finest ingredients, our continental and traditional Breakfasts offer all you need to take the day ahead

The Breakfast buffet offers a wide selection of hot and cold dishes to choose from including our "Egg Station" which will prepare eggs cooked to your liking, should you prefer, we will gladly serve you at your table.

Please help yourself to fruit juice, fresh fruit, cereals, pastries, and toast. Tea or Coffee will be brought to your table

**All meat is locally sourced from McCarthy's Butchers of Ballincollig*

Full Irish Breakfast €17.50

Continental €12.50



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Hot Beverages

Choose from freshly brewed coffee, tea & herbal tea

Cold Buffet

An extensive range of Kellogg's and other popular cereals including muesli can be found on the cold buffet, as well as a wide selection of juices, dried and fresh fruit, yoghurts, cold meats, and cheeses

Breads and Pastries

An array of fresh breads, croissants and Danish pastries are readily available

Gluten Free Options

Gluten free bread, cornflakes, Irish bacon, beans and mushrooms

The Atlantic Breakfast

Choose from: Irish rashers, black & white pudding, sausages, mushrooms, baked beans, tomato and scrambled eggs

Fresh Porridge

Chef's Egg Station

Our Chef is present at the buffet to take your order for eggs cooked to your liking
Boiled, Fried or Poached
Omelette with selection of fillings
Waffles or Pancakes