

## 5 WIN A WEDDING

A free wedding at the Cork International Airport Hotel is on offer to couples who go into battle as part of a 'Wedding Run'. Love birds and fiancés must tell the story of their first date, whether disaster or perfection, to impress the judges, including RedFM DJ Dave Mac and Wedding Coordinator Brid Ryan, at the Cork International Hotel. The six top couples are put to a vote. The top three will battle it out in challenges all over Cork on Valentine's Day for a stunning wedding for 100 people. See [www.corkinternationalairport.com](http://www.corkinternationalairport.com) before February 10.

## 6 TRENDY AND TASTY

Trawl and Trend on High Street in Bantry (in the old Monica John building) is a concept by John Murphy, the owner of Murphy's Irish Seafood, the Gearhies-based fish processor. John's son Gareth, a UCD Commerce graduate, and his team, are currently running the café. From Badger and Dodo coffee to 21 teas, treats include cider-boiled, honey and mustard roasted ham with poached eggs served on brown bread and eight different seafood or meat/salad options with tapas. . See Trawl & Trend on Facebook for more.

